



CLUB CHAMPIONSHIP RULES

The objective of the club championships is to encourage friendly competition for all club members, over a varied range of distances and terrains.

The club will organise three championships: **Road**, **Off-Road** and **Fell**, which will take place concurrently over the course of the season. The club championship season will run from January 1st until the date of the last championship race. The championships will be open to all senior members of Prestwich AC.

Competition Format

The **Road Championship** will be decided over **nine** races, which will be determined by the championship committee at the start of the season. The runner with the lowest aggregate total score at the end of the season, based on their best **five** results, will be declared the appropriate category winner.

The **Off-Road Championship** will be decided over **nine** races, which will be determined by the championship committee at the start of the season. The runner with the lowest aggregate total score at the end of the season, based on their best **five** results, will be declared the appropriate category winner.

The **Fell Championship** will be decided over **seven** races, which will be determined by the championship committee at the start of the season. The runner with the lowest aggregate total score at the end of the season, based on their best **four** results, will be declared the appropriate category winner.

Scoring & Eligibility

Competitors must be registered, first-claim members of Prestwich AC at the time of a race in order to be eligible to score points in that race.

Entry names should match the members name with any changes made before the commencement of the race.

If running wearing headphones, only bone conduction headphones are allowed.

Registered club colours must be worn - club vest or technical t-shirt (the reflective adult tech t-shirt does not count).

Points will be awarded based on - and equivalent to - finishing position in each race, as follows: 1 point for 1st Prestwich AC finisher, 2 points for 2nd finisher, 3 points for 3rd, etc. Men's and women's competitions will be scored independently.

Competitors' finishing positions in each race will be determined by chip time, whenever available, otherwise finishing positions will be determined by gun time.

In the event of a tie, winners will be determined by 'head-to-head' score - i.e. points scored in all races where tied competitors have competed together. The runner with the lowest aggregate score from 'head-to-head' races will be the winner. If 'head-to-head' scores are tied, the runner with the lowest aggregate time from the 'head-to-head' races will be the winner.

Races & Results

The set championship races will be published on the Prestwich AC website before the start of the season. Any changes to the set races, due to cancellations, postponements, etc., will be communicated at the earliest opportunity via official club email and social media channels. The championship committee reserve the right to make changes to the set championship races at any time during the season.

It is the responsibility of individual competitors to secure entry into club championship races. NB Some races may sell out prior to race day.

Championship results and tables will be available to view on the club website.

Prizes

Road / Off-Road

Road and Off-Road Championship category prizes will be awarded as below. NB. A complete set of **five** scoring races must be completed in order to qualify for a prize:

- Open (Men/Women)
- V35 (Men/Women)
- V40 (Men/Women)
- V45 (Men/Women)
- V50 (Men/Women)
- V55 (Men/Women)
- V60 (Men/Women)
- V65 (Men/Women)
- V70 (Men/Women)

Age categories will be determined by the competitor's age at the beginning of the championship season (January 1st).

A trophy will be awarded to the winner in each category. A trophy will be awarded to the runner-up in the Open categories.

Veterans are eligible for Open category prizes.

Only one 1st place prize per runner will be awarded. If the winner of the Open category is a veteran, then the next highest placed veteran will receive the age category prize. If the runner-up in the Open category is a veteran, that runner will still be eligible for an age category prize.

Fell

Fell Championship category prizes will be awarded as below. NB. A complete set of **four** scoring races must be completed in order to qualify for a prize:

- Open (Men/Women)

A trophy will be awarded to the winner and runner-up in the category.

Queries & Disputes

Any queries or disputes can be directed to the championship committee via prestwichacchamp@gmail.com